**DISHES AND THEIR ALLERGEN CONTENT – SAINTS AND SCHOLARS INTEGRATED PRIMARY SCHOOL Date: 25/9/23** 

DISHES						Lupin Flour	Milk		MUSTARD			Ran Internet internet		Ber
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish Fingers		wheat			$\checkmark$									
Beans														
Broccoli														
Potatoes														~
Coleslaw				$\checkmark$										
Salad	$\checkmark$			$\checkmark$										~
Peaches														
Arctic Roll		wheat		$\checkmark$			~						$\checkmark$	
Pasta Bolognese		wheat		$\checkmark$		$\checkmark$			~				$\checkmark$	
Garlic Bread		wheat					May contain					May contain		
Peas														

DISHES						Lupin Flour			MUSTARD			HIM I	• <b>\$</b>	Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sweetcorn														
Chicken Curry	$\checkmark$								$\checkmark$			May contain		May contain
Rice														
Naan Bread		wheat												
Corn on Cob														
Chicken Gravy		wheat											$\checkmark$	
Shortbread		wheat		$\checkmark$			$\checkmark$			May contain			May contain	May contain
Custard							$\checkmark$							
Fruit Jelly														
Jam and Coconut Sponge		wheat		$\checkmark$			~							
Melon														

DISHES						Flour			MUSTARD	2.		Han a start of the	6	Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Rice Krispie Squares		<b>v</b> barley					$\checkmark$							
Chocolate Cake		wheat		$\checkmark$			$\checkmark$							
Cornflake Biscuit		wheat												
Ice cream slider and wafer		wheat					$\checkmark$						$\checkmark$	
Biscuit		wheat		$\checkmark$										
Ginger biscuit		wheat		$\checkmark$										
Chocolate Muffin		wheat		$\checkmark$			$\checkmark$			May contain			May contain	May contain
Frozen yoghurt							$\checkmark$							
Fruit														
Angel Delight							$\checkmark$							
Yoghurts							$\checkmark$							

DISHES						Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
GF Sausage														$\checkmark$
GF Burger														
Veggie burger		wheat												
Veggie balls														
Omelette				$\checkmark$		~								
Burgers		wheat												
Naan bread		wheat												
Sweet and sour chicken goujons														
Green beans														
Gammon														
Chicken Nuggets														

DISHES			N. W.			Lupin Flour			MUSTARD				6000 C	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pizza		wheat					$\checkmark$							
Stuffing		wheat					$\checkmark$							
Hot dog bap		wheat										May contain		
Burger bap		wheat										May contain		
Sausages		wheat							✓ powder				$\checkmark$	$\checkmark$
Spaghetti Hoops		wheat												
Savoury Mince		Wheat/barley											$\checkmark$	
Turkey														
Steak Burger		wheat											$\checkmark$	
Veggie curry							$\checkmark$							
Veggie Bolognaise														

GF Fish			$\checkmark$					